

Unit 13: Making Amends

Review Definitions

- Amends
- Apology
- Changing behavior
- Community service
- Forgiveness
- Restitution
- Victim contact
- Victim/offender dialogue

You have chosen to do harm in the past. Serving time is legal punishment for crimes committed, but it does not remove the responsibility of making amends for the harm you have caused.

It is your choice to try to—

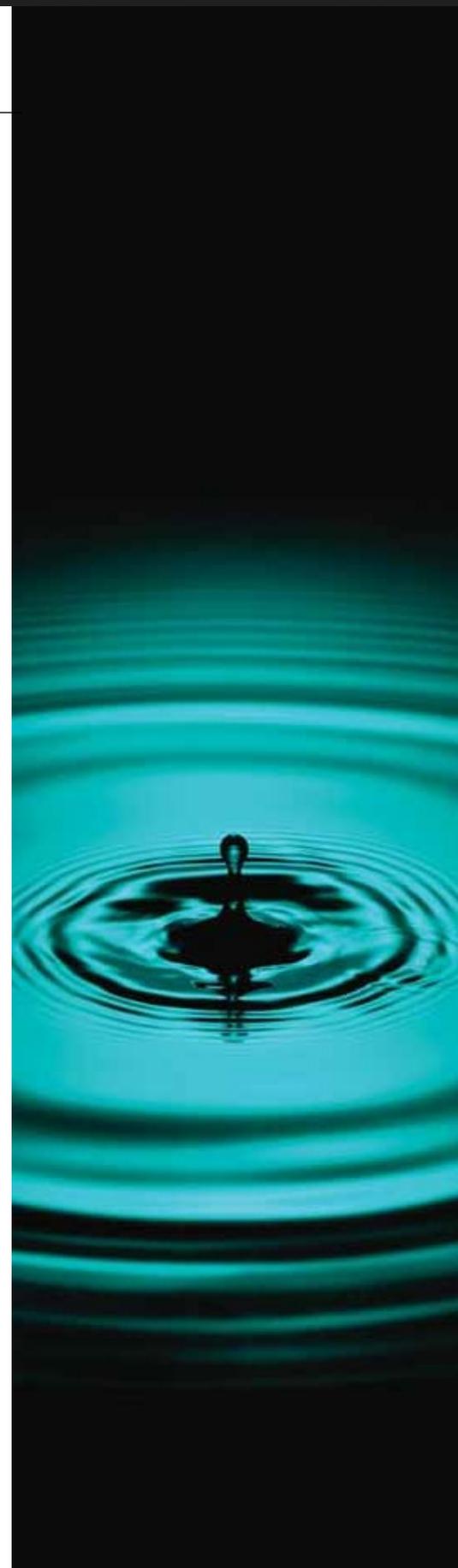
- “Make things right,” if possible.
- Treat others, and their property, with respect.
- Practice self-control.
- Make positive choices.

What is your definition of “accountability”? Have your thoughts about accountability changed during the program?

Summary

Which chapter had the most impact on you and why?

How can you change?



Additional Activities

Activity D – Restitution

Using this worksheet, write each out-of-pocket expense your victims had. Then, develop a payment plan based on your current financial situation and your projected financial situation 6 months, 1 year, and 5 years after release from custody

Total victim restitution obligation: \$

Victim’s Out-of-Pocket Costs

- \$
- \$
- \$
- \$

Current Financial Situation	
Income	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Payment plan	
Amount per month	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Financial Situation: 6 Months After Release	
Income	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Payment plan	
Amount per month	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____

Financial Situation: 1 Year After Release	
Income	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Payment plan	
Amount per month	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Financial Situation: 5 Years After Release Income	
Income	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
Payment plan	
Amount per month	Source
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____

Activity E – Victimizing Behavior

Victimizing behavior does not stop because you were charged with a crime and either placed on probation or incarcerated. You do not have to wait until you are released back into the community to change your thinking patterns and your behavior.

You continue to be a victimizer if you—

1. Lie.
2. Con.
3. Cheat.
4. Steal.
5. Damage property on purpose.
6. Verbally abuse other offenders.
7. Verbally abuse staff, volunteers, or guests.
8. Physically abuse offenders.
9. Physically abuse staff, volunteers, or guests.
10. Sexually abuse offenders.
11. Sexually abuse staff, volunteers, or guests.
12. Disrupt classes or group sessions.
13. Intimidate others.
14. Verbally threaten others in person, over the phone, or in writing.
15. Set up another person.
16. Blame others for what you did.
17. Label a person in a negative way.
18. Make a weaker person a target.
19. Take advantage of others.
20. Gossip about others.
21. Start problems between others.
22. Encourage someone to harm another person.
23. Fail to be responsible for your behavior when another person is hurt.

Identify other examples of victimizing behavior:

Come up with ideas for changing your own behavior:

How can you safely confront someone else's victimizing behavior?

Activity F – Victim Empathy

Name: _____

Date: _____

Recall the crime you committed. With this crime in mind, answer the following questions. The purpose of this exercise is for you to consider how your behavior affected your victims.

Describe the crime you committed.

Who was your victim? How would you describe him or her?

Did you know the victim before the crime? Yes No

If yes, how?

What did your crime cost the victim?

Financially?

Emotionally?

What effect do you think this crime had on your victim?

How did your crime affect the victim’s family, friends, and community?

How would you feel if the crime had been committed against you?

How would you feel if the crime had been committed against a member of your family?

What do you think should happen to people who commit this type of crime?

Are you paying too much or too little for this crime? Why?

Source: Denver Community Accountability Program