

Worksheet 12.1

Cultural Competence Planning Worksheet

Practical Strategies to Overcome Cultural Barriers

(a) Identify underserved populations

List the underserved cultural communities in your area. Be specific: Latinos (e.g., heritage speakers, Mexicans, others?), indigenous communities (e.g., Navaho, Lakota, and Pima) and Asians/Pacific Islanders (e.g., Vietnamese, Chinese). But also consider other cultural populations such as LGBT, homeless, aging residents, persons with disabilities, etc.

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(b) Strategies for cultural assistance

List relevant best practices or strategies. Be specific about solutions that make sense for YOUR agency, YOUR resources and YOUR needs (e.g., partner with the Indigenous Languages Institute of New Mexico to identify language and cultural needs; offer a presentation by a Latino pastor on sexual attitudes about relationships and violence between cohabiting older men/young girls; download multilingual brochures on sexual abuse, elder abuse, or LGBT domestic violence; hire two outreach workers from local indigenous communities (which ones?); schedule a staff training on language barrier issues). Use other side of this sheet as needed.

(c) What questions to ask?

Looking at the R.E.S.P.E.C.T model, and taking into account the type of service you provide or activities you engage in, what are some of the questions you might ask a victim involved in a case?

**(d) Activities
needed/
Next steps**

What are the **first** three things I think I should do to provide more culturally responsive services?

1.

2.

3.

What are the **first** three things I think my organization should do to enhance our cultural competence?

1.

2.

3.