

Worksheet 10.1

Maintaining Healthy Boundaries

Check all of the following that you believe you would be justified doing under certain circumstances.

- Giving a victim your home telephone number or personal pager number.
- Giving a victim a ride to her doctor/counselor.
- Babysitting for a victim while she is at the doctor.
- Letting a frightened victim spend the night at your home.
- Giving food to a hungry victim.
- Lending a victim cab money.
- Taking a homeless victim into your home.
- Leaving a family gathering to meet a distraught victim who insists that you are the only person who can help her, even though you are not officially on call.
- Encouraging a victim to take medications to prevent a pregnancy.
- Telling a victim's parents about the rape on her behalf.
- Giving a fearful victim a ride home from the emergency department.
- Not taking a call for a fellow staff person even though it is important for her to have the time off.
- Discussing the specifics of a case with a friend.