Worksheet 10.1

Maintaining Healthy Boundaries

Check all of the following that you believe you would be justified doing under certain circumstances.

☐ Giving a victim your home telephone number or personal pager number.

☐ Giving a victim a ride to her doctor/counselor.

☐ Babysitting for a victim while she is at the doctor.

☐ Letting a frightened victim spend the night at your home.

☐ Giving food to a hungry victim.

☐ Lending a victim cab money.

☐ Taking a homeless victim into your home.

☐ Leaving a family gathering to meet a distraught victim who insists that you are the only person who can help her, even though you are not officially on call.

☐ Encouraging a victim to take medications to prevent a pregnancy.

☐ Telling a victim’s parents about the rape on her behalf.

☐ Giving a fearful victim a ride home from the emergency department.

☐ Not taking a call for a fellow staff person even though it is important for her to have the time off.

☐ Discussing the specifics of a case with a friend.