

**Worksheet 6.1**

**Immediate Intervention Best Practices**

For each of the following stressors: 1) Describe what you would do or say to reduce anxiety related to the stressor; 2) Create a best practice related to the stressor.

	<b>Stressor</b>	<b>What You Should Do or Say/Best Practice</b>
<b>1</b>	<b>Cleanup of the homicide scene</b>	<b>You should:</b>       <b>Best Practice:</b>
<b>2</b>	<b>Memorial services</b>	<b>You should:</b>       <b>Best Practice:</b>

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	<b>Stressor</b>	<b>What You Should Do or Say/Best Practice</b>
<b>3</b>	<b>Childcare</b>	<p><b>You should:</b></p>          <p><b>Best Practice:</b></p>
<b>4</b>	<b>Relocation</b>	<p><b>You should:</b></p>          <p><b>Best Practice:</b></p>
<b>5</b>	<b>Autopsy</b>	<p><b>You should:</b></p>          <p><b>Best Practice:</b></p>

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	<b>Stressor</b>	<b>What You Should Do or Say/Best Practice</b>
<b>6</b>	<b>Lack of support from friends and family</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>7</b>	<b>Dealing with victim's possessions</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>8</b>	<b>Media intrusion</b>	<b>You should:</b>          <b>Best Practice:</b>

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	<b>Stressor</b>	<b>What You Should Do or Say/Best Practice</b>
<b>9</b>	<b>Finances and paperwork</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>10</b>	<b>Viewing the body</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>11</b>	<b>Lack of information from police</b>	<b>You should:</b>          <b>Best Practice:</b>

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	<b>Stressor</b>	<b>What You Should Do or Say/Best Practice</b>
<b>12</b>	<b>Lack of knowledge about available services</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>13</b>	<b>Pet care.</b>	<b>You should:</b>          <b>Best Practice:</b>
<b>14</b>	<b>Cultural barriers</b>	<b>You should:</b>          <b>Best Practice:</b>