

Instructor Overview

Training Goal

Building Resiliency in Child Abuse Organizations is an evidence-based training that provides child abuse agency leaders with a programmatic model designed specifically for them to build resiliency in their staff and volunteers. Participants will learn about the five core elements that have been shown to be strengths of resilient people: Self-Knowledge and Insight, Sense of Hope, Healthy Coping, Strong Relationships and Personal Perspective and Meaning. These elements are the foundation for the organizational resiliency model, an approach that provides strategies for building resiliency in child abuse organizations through policy, supervisory techniques, and competency-based training.

Target Audience

Building Resiliency in Child Abuse Organizations is designed for intermediate to advanced practitioners in child abuse organizations. Participants should be in management-level positions and have the authority to implement strategies that promote resiliency: instituting policy, practicing and supporting supervisory techniques, and offering or coordinating competency-based training.

Instructor Requirements

Instructors should have at least 5 years of experience in providing direct services to child abuse victims, or they should hold an advanced degree and have experience teaching courses related to victim services and organizational change. Experience in the child welfare field and knowledge of special issues involved in serving children is preferred.

All instructors must have superior presentation skills and experience in training a target audience and applying adult learning methodologies.

Length of the Training

This training is designed to offer 7 hours of training.

Instructor Manual

This Instructor Manual is a template to help instructors prepare for instruction and to guide the delivery of the training. It details the information to be discussed and how to introduce, conduct, and process group activities.

Each instructor should draw on her or his own knowledge and expertise to enrich the training and provide relevant examples and illustrations.

You can find additional resources on resiliency in child abuse organizations at:

www.ovcttac.gov/views/TrainingMaterials/dspBldgResiliencyChildAbuseOrgs_InstructorMaterials.cfm

Worksheets/Handouts, Equipment/Materials, and Preparation

Module	Worksheets	Equipment / Materials	Preparation	Videos
Introduction	None	<ul style="list-style-type: none"> Agenda for the training List of participants and instructors for the training 	Instructor: <ul style="list-style-type: none"> Have Visual 1-1 on the screen as participants enter the room. Prepare a tear sheet with the ground rules. See the Instructor Manual for details. OVC TTAC: <ul style="list-style-type: none"> Place a Participant Manual, highlighter, sticky notes, pen, and a name tent at each participant position. 	
1	None	None	Instructor: <ul style="list-style-type: none"> Preview the videos. 	Slide 1-3 , show the video. Slide 1-12 , show the video.
2	None	None	Instructor: <ul style="list-style-type: none"> Preview the videos. 	Slide 2-5 , show the video. Slide 2-18 , show the video.
3	None	<ul style="list-style-type: none"> Note cards, one per participant, for the “Resiliency Challenges and Strategies” activity 	None	
4	<ul style="list-style-type: none"> Worksheet 4.1, Leading Change in My Organization 	None	Instructor: <ul style="list-style-type: none"> Preview the video. 	Slide 4-6 , show the video.
5	<ul style="list-style-type: none"> Worksheet 5.1, Action Plan 	None	Instructor: <ul style="list-style-type: none"> Preview the video. 	Slide 5-4 , show the video.