

Introduction

Time Required

30 minutes

Purpose

The Introduction allows participants and instructors to become acquainted and provides participants with an overview and guidelines for the training.

Participants Worksheets

No worksheets are required.

Equipment and Materials

- Agenda for the training
- List of participants and instructors for the training

Preparation

- Have **Visual 1-1** on the screen as participants enter the room.
- Prepare a tear sheet with the following ground rules:
 - ♦ Be respectful of other participants and the instructors.
 - ♦ Share your experience and expertise with others.
 - ♦ Honor confidentiality.
 - ♦ Participate fully in each activity.
 - ♦ Ask questions. Make suggestions that expand the collaborative learning experience.
 - ♦ Turn off cell phone or set to vibrate.
- Place a Participant Manual, highlighter, sticky notes, pen, and a name tent at each participant position.

You can find additional resources on resiliency in child abuse organizations at:

www.ovcttac.gov/views/TrainingMaterials/dspBldgResiliencyChildAbuseOrgs_InstructorMaterials.cfm

Introduction (30 minutes)



Show Visual I-1.

Welcome participants to the *Building Resiliency in Child Abuse Organizations* onsite training.

Introduce yourself and briefly describe your background.



Show Visual I-2.

Paraphrase:

In this training we're going to cover the five core elements of resiliency. Then we'll see how those elements form the foundation for the organizational resiliency model. Finally, we'll look at strategies for building organizational resiliency, how to implement them, and how to overcome some of the roadblocks that might be in your way.

While we encourage you to share ideas and strategies outside of training, please be discreet and avoid talking about any challenges and frustrations you may overhear in brainstorming sessions. We want everyone to feel free to express ideas without reservation.



Show Visual I-3.

Introduce the activity.

This activity will help participants share reflections on resiliency.



Activity: Personal Reflections (20 minutes)

1. Begin the activity by saying:

- Tell us your name, city and state, and what organization you are from.
- Share a short story of resiliency, if you choose.

2. Suggest that participants keep their introductions to 1 minute or less.

3. Volunteers may begin their introductions, or you can indicate a participant to begin.

4. After all participants have introduced themselves, ask if anyone has a personal story of resiliency to share. Monitor time to make sure that you don't exceed the time limit for this activity.

5. Thank participants when they are finished.



Show Visual I-4.

Walk through the Participant Manual and other materials with participants, explaining the contents and how the material will be used. Tell participants the manuals are theirs to keep, and they are encouraged to take notes and use them to enhance their learning.

Cover the timing of breaks and lunch, and locations of restrooms.



Show Visual I-5.

Share the following ground rules from the prepared tear sheet and **ask** if there are others that need to be added to the list.

- Be respectful of other participants and the instructors.
- Share your experience and expertise with others.
- Honor confidentiality.
- Participate fully in each activity.
- Ask questions. Make suggestions that expand the collaborative learning experience.
- Turn off cell phone or set to vibrate.

Paraphrase:

View this training as an opportunity to practice resiliency yourself. It is a time to learn, to share, and to experience new ideas and opportunities.



Show Visual I-6.

Ask if there are any final questions or comments before moving to the next module.