

## **Introduction**

### **Purpose**

The Introduction allows participants and instructors to become acquainted, and provides you with an overview and guidelines for the training.

### **Pre-Assignment**

You were asked to bring copies of your Independent Study assignments from both Webinars.

### **Participant Worksheets**

No worksheets are required.

## **Introduction**

The goal of this training is for you to gain more skills to implement the organizational resiliency model in your agency and build resiliency in child abuse professionals.

You already have learned a great deal about resiliency through two Webinars and Independent Study assignments. Today, we're going to bring everything together. We'll develop more strategies for each of the five resiliency elements, and share ideas for implementing the organizational resiliency model.

We'll also talk about barriers and roadblocks to implementation, and discuss some ways to overcome them.

Finally, we'll talk about your role as a change agent, because implementing a resiliency program in an organization requires a leader who can assume this role. To prepare you for the tasks ahead, you'll complete an action plan that will give you concrete goals and timelines for implementing the strategies within your organization through policy, supervision, and competency-based training.

The information you share today about your organization will not be used by OVC TTAC outside this training. While we encourage you to share ideas and strategies outside of training, please be discreet and avoid talking about any challenges and frustrations you may overhear in brainstorming sessions. We want everyone to feel free to express ideas without reservation.

The activity will help you share reflections on resiliency and become acquainted with people you have met online, but not necessarily in person.

Today's training is structured in the same way as the previous Webinars and Independent Study documents, by the five core elements of resiliency. We will explore them within the following modules.

- Module 1: The Organizational Resiliency Model
- Module 2: The Process for Building Resiliency
- Module 3: Navigating the Path to Success
- Module 4: Action Planning

Other materials you have in the manual are References, Resources, Resiliency Handbook, and Activities. These sections provide materials if you would like to do more reading in various topics. Examples of strategies that were implemented during pilot phases of this project also are included.

Many of the strategies offered in this training were developed by the pilot sites and link to either evidence or expert judgment.

View this training as an opportunity to practice resiliency yourself. It is a time to learn, to share, and to experience new ideas and opportunities.

You and your organization are to be commended for recognizing that this work can affect your staff and volunteers, and for taking the initiative to learn what you as an organization can put in place to help them. It speaks volumes about how you value your staff and volunteers and the important work they do for children. We're glad to have you with us on this journey.

