Module 2: The Process for Building Resiliency

Purpose

The purpose of this module is to enable you to identify your own organization’s challenges; create your own strategies that can be implemented through policy, supervisor techniques, or competency-based training; and discuss how these strategies can be implemented.

Lessons

1. Challenges and Strategies
2. Implementation Ideas

Learning Objectives

By the end of this module, you will be able to:

- Create strategies to build capacity in each core element.
- Discuss ways to implement strategies.

Participant Worksheet

- Completed Independent Study 2 Worksheet, A Sense of Hope Work Plan Strategies
1. Challenges and Strategies

“Fitness for the work” is a key factor in determining whether people stay in this work. One of the most effective ways to ensure that the staff and volunteers you bring on board are capable of handling this type of work is to make sure that you have effective screening tools.

The activity offers an opportunity to work as a group to identify strategies for specific resiliency challenges.

2. Implementation Ideas

The activity offers the opportunity to work as a group to identify strategies for specific challenges.