

Module 2

The Process for Building Resiliency



Learning Objectives

- Create strategies to build capacity in each core element.
- Discuss ways to implement strategies.

Video

[Link for Fitness for the Work: A Screening Tool WMV
Video \(Windows Media Player\)](#)

[Link for Fitness for the Work: A Screening Tool MOV Video
\(QuickTime\)](#)

Video

[Link for Fitness for the Work – Role Play: Past Victimization WMV Video \(Windows Media Player\)](#)

[Link for Fitness for the Work – Role Play: Past Victimization MOV Video \(QuickTime\)](#)

Video

[Link for Fitness for the Work – Role Play: Supervision
WMV Video \(Windows Media Player\)](#)

[Link for Fitness for the Work – Role Play: Supervision
MOV Video \(QuickTime\)](#)

Video

[Link for Fitness for the Work – Role Play: Shared Values
WMV Video \(Windows Media Player\)](#)

[Link for Fitness for the Work – Role Play: Shared Values
MOV Video \(QuickTime\)](#)

Video

[Link for Fitness for the Work – Role Play: Expectations
WMV Video \(Windows Media Player\)](#)

[Link for Fitness for the Work – Role Play: Expectations
MOV Video \(QuickTime\)](#)

Video

[Link for Fitness for the Work – Role Play: Resiliency WMV
Video \(Windows Media Player\)](#)

[Link for Fitness for the Work – Role Play: Resiliency MOV
Video \(QuickTime\)](#)

Activity

Resiliency Challenge and Strategies Completed Independent Study 2 Worksheet

- Write the word “Challenge” and briefly describe it on your note card.
- Write the word “Strategy” and a sound strategy on your note card, and identify the strategy as policy, supervision, or competency-based training.
- When you receive a different card, identify another strategy.

Activity

- Do you think this strategy would effectively address the challenge?
- Why do you think this strategy would work?
- Could this strategy be replicated in your agency?
- Can you think of other strategies that might be used for this challenge?

Activity

Implementation Ideas

- Write “Implementation” on the back of the note card you receive.
- Review the strategy on the front of the card.
- Jot concrete ideas for implementation on the back of the card and identify it as policy, supervision, or competency-based training.

Activity

- Why do you think this strategy was implemented successfully?
- Could this strategy be implemented in the same way in your agency?
- Can you think of other ideas for implementing these strategies?

Review of Learning Objectives

- Create strategies to build capacity in each core element.
- Discuss ways to implement strategies.

End of Module 2

Questions? Comments?

