

# BUILDING RESILIENCY IN CHILD ABUSE ORGANIZATIONS

**OVC's Training and Technical Assistance Center (OVC TTAC) provides training to support professional development, enhance services to the community, and expand outreach to underserved victims of crime.**

***Resiliency is essential to all victim service providers because of the difficult and stressful situations they face. For those who work in child abuse organizations, resiliency is absolutely critical to help avoid secondary traumatic stress, vicarious trauma, or burnout. This training is for victim service providers who work in child abuse organizations that are interested in and willing to implement organizational strategies that support resiliency in staff and volunteers.***

Although victim service providers in child abuse organizations must learn to build their own individual resiliency to maintain a healthy perspective, the organizations they work for must create an environment that supports and encourages this critical strength. The goal of this training is to identify the five individual elements of resiliency and explore how an organization can implement them through policy, supervisory techniques, and competency-based training.

#### **BY PARTICIPATING IN THIS 1-DAY TRAINING, YOU WILL:**

- Identify the five core elements of individual resiliency.
- Describe the organizational resiliency model and how it relates to the five core elements of individual resiliency.
- Create strategies to build resiliency in your organization.
- Identify potential roadblocks to implementing strategies in your organization.
- Explain how to act as a change agent to overcome resistance in your organization.
- Develop an action plan to identify which strategies to implement.

CEUs are available on successful completion of the training.

## HERE'S HOW TO GET STARTED

#### **APPLY EARLY.**

Request a training at least 135 days (4½ months) prior to the event date.

#### **LET PEOPLE KNOW.**

Conduct outreach to local and regional partners to participate in the training. Enroll up to 40 participants, but there must be a minimum of 30 participants at the training.

#### **FIND A PLACE TO HOLD THE TRAINING.**

Secure a training facility and cover facility costs (including audio-visual equipment).

#### **RELAX.**

OVC TTAC will arrange for the training event to meet your needs on your schedule.

OFFICE FOR VICTIMS  
OF CRIME TRAINING AND  
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