Vision 21 Talks: Engaging With Experts on Trending Topics

Supporting Young Male Survivors of Violence
Welcome and Introductions
Presenters

- Sharron Fletcher, Office for Victims of Crime
- Anne Marks, Youth Alive!
- Sherman Spears, Caught in the Crossfire
- Ted Corbin, John Rich, Healing Hurt People
- Kenton Kirby, Make It Happen
Caught in the Crossfire
Sherman Spears
Viewing Urban Violence Through the Lens of Trauma: A Public Health Approach to Healing

John A. Rich, M.D., M.P.H.
Ted Corbin, M.D., M.P.P.
Drexel University College of Medicine &
Dornsife School of Public Health
Center for Nonviolence & Social Justice
Stress

The set of changes in the body and the brain that are set into motion when there are overwhelming threats to physical or psychological well-being.

From *Neurons to Neighborhoods*, National Research Council and Institute of Medicine, 2000.
Types of Stress

Positive stress
- Adverse experiences that are short-lived
- Normal and part of developmental processes

Tolerable stress
- More intense but relatively short-lived
- With adequate support, unlikely to cause long-term problems

Toxic stress
- Sustained adversity
- Children unable to manage this by themselves
Posttraumatic Stress Disorder
Posttraumatic Stress Disorder

Hyperarousal/Hyperreactivity
Posttraumatic Stress Disorder

Hyperarousal/Hyper-reactivity

Re-experiencing/intrusive symptoms
Posttraumatic Stress Disorder

Hyperarousal/Hyperreactivity

Re-experiencing/intrusive symptoms

Emotional numbing/avoidance
Posttraumatic Stress Disorder

Hyperarousal/Hyperreactivity

Re-experiencing/intrusive symptoms

Emotional numbing/avoidance

Negative alteration in cognition and mood
Posttraumatic Stress Disorder (PTSD)

Healing Hurt People (HHP) clients 4-6 weeks after injury, N=34

<table>
<thead>
<tr>
<th>Criteria Met</th>
<th>79%</th>
<th>85%</th>
<th>91%</th>
<th>74%</th>
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<tbody>
<tr>
<td>Avoidance</td>
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<td>Arousal</td>
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<td>Re-Experiencing</td>
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<td>Full PTSD</td>
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Number of ACEs in adult HHP clients:

- Original Study adults (mean age 22)
- HHP clients 4-6 weeks after injury, N=34

- 100% (≥ 1)
- 100% (≥ 2)
- 79% (≥ 3)
- 56% (≥ 4)
- 50% (≥ 5)
- 35% (≥ 6)
- 24% (≥ 7)
- 21% (≥ 8)
- 9% (≥ 9)
- 6% (≥ 9)
PTSD is a posttraumatic stress disorder affecting both physical and mental health.
All Persons Intentionally Injured

- Police
- Police + Hospital
- Police + Hospital + School
- Hospital + School
Trauma-Informed Practice

• Addresses psychological, not just physical, wounds of violent injury

• Victims with extensive histories of trauma/childhood adversity also have psychological, social, and biological consequences
S.E.L.F.
A Nonlinear Conceptual Framework
Healing Hurt People: A Hospital-Based Violence Intervention Program

Drexel University College of Medicine/School of Public Health
Healing Hurt People Model

**Client Flow in Healing Hurt People Program**

**Phase 1: Screening**
- Initial contact via bedside visit, phone call, or at home
- Introduction to HHP
- Psycho-education

**Phase 2: Active Involvement**
- Intake
- Assessment
- Trauma-informed therapeutic case management, navigation, and mentoring
- Trauma-specific therapeutic interventions
- Goal progression and achievement
- SELF groups

**Phase 3: Stabilization and Step Down**
- Trauma-informed therapeutic case management, navigation, and mentoring
- Trauma-specific therapeutic interventions
- Goal progression and achievement
- SELF groups

**Phase 4: Discharge and Discharge Planning**
- Identification of long-term goals and supports
- Development of long-term safety plan

**After Care:** Under Construction

**Violent Injury**

**Treated in ED**

**Admitted to Hospital**

**Introduction to HHP @ bedside**
HHP: What We Provide

**Physical Health**
- Immediate Medical Care and Followup
- Post-Injury
- Primary Care and Physical Therapy
- Physicals for SSI/Medicaid
- Health Insurance
- ED Medical Counseling
- VCAP

**Behavioral Health**
- Triage
- Psycho-Education
- Behavioral Health Counseling
- Talking, Coaching and Motivational Interviewing in Context of Behavioral Health Counseling
- SELF Groups
- Trauma Education

**Family Health**
- Crisis Management (housing, mental, physical, safety)
- Legal and Court Issues
- Safety Planning

**Social Health**
- Navigation to Social Services
- Advocacy in Social Services
- Mentoring
- Motivational Interviewing in Context of Navigation and Mentoring
HHP Research Measures

N=180

Pooled Intervention Group
- Baseline ACASI
- 6 week ACASI
- 6 month ACASI
- Interview
- 1 year record review
  - Violent re-injury
  - Arrest for violent crime

N=135

Pooled Control Group
- Baseline ACASI
- 6 week ACASI
- 6 month ACASI
- Interview
- 1 year record review
  - Violent re-injury
  - Arrest for violent crime

- Com. Exp. Violence
- ACEs
- Depression
- PTSD
- Drug/Alc.
- Sleep Quality
- Future Time Perspective
- Social Support
- Self-Rated Health Status
- Time client spent with case manager

◊ Moderating variables for intervention group
ACASI= Audio computer assisted self-interview
Study Design: Natural Experiment

- **Hahnemann**
  - HHP Intervention Group (45)
  - Control Group (45)
- **Temple**
  - HHP Intervention Group (45)
- **Einstein**
  - Control Group (45)
- **Penn/Presby**
  - HHP Intervention Group (45)

**Total**
- Intervention Group Total = 180
- Control Group Total = 135
Preliminary data at baseline

A pooled analysis of data from 110 baseline surveys showed:

- 78% of participants reported poor sleep quality
- 55% of participants met criteria for provisional PTSD
- 45% met or exceeded the cutoff for major depression

Accepted for presentation at APHA Nov 2016, Denver, CO
Preliminary Trends of HUH Intervention vs. EMC+TUH Control Groups

**Sleep Quality** at baseline, 6 weeks, and 6 months

- Greater percent improvement in Drexel intervention group of those individuals who were at least one standard deviation (SD) worse than the average (38%) compared to controls at Temple (only 6%) and Einstein (19%).

**Provisional PTSD** at baseline and 6 weeks

- Greater percent improvement in Drexel intervention participants (23%) as compared to Temple (11%) and Einstein (22%) controls.
Community Health Workers
CITY-WIDE CASE REVIEW

- Victim Assistance
- HHP
- Courts
- Community Members
- Housing
- Psychiatry
- School District
- District Attorney
- Police
- Primary Care
- Child Protection & Juvenile Justice

- Client
DON’T ASK WHAT’S WRONG WITH ME.
ASK WHAT HAPPENED TO ME.

We can heal from violence.

whatisSTSR.com

CHANGING OUR NARRATIVE
Make It Happen
Kenton Kirby
VIDEO
Q & A

If you are joining us via webcast, please e-mail questions to

OVCAWebcast@ovcttac.org
Available Resources

Youth Alive - [www.youthalive.org](http://www.youthalive.org)

National Network of Hospital-Based Violence Intervention Programs - [www.nnhvip.org](http://www.nnhvip.org)

Healing Justice Alliance - [www.healingjusticealliance.org](http://www.healingjusticealliance.org)

Healing Hurt People - [www.nonviolenceandsocialjustice.org/Healing-Hurt-People/29/](http://www.nonviolenceandsocialjustice.org/Healing-Hurt-People/29/)

Make it Happen - [http://crownheights.org/makeithappen/](http://crownheights.org/makeithappen/)
Technical Assistance

- Contact:
  - Linnea Ashley, National Training and Advocacy Manager
  - Email: lashley@youthalive.org
  - Phone: 510-594-2588
Upcoming and Archived Trainings

Webinars
Thank you!