

Moderator:
Diane Alexander

Featured Hosts:
April Naturale
Thomas Ray Thomson



What Really is the Best Mental Health Approach to Victims of Mass Violence

September 18, 2019

*Note: This session will be recorded and posted on the Expert Q&A Past Sessions tab when available.
The audio for today's session will play through your computer speakers.*

Technical Overview

- If you are experiencing any technical issues with the audio for this session, please let us know in the Chat box.
- As with all technology, we may experience a momentary lapse in the webinar session. In the event of a problem, please be patient and remain on the line. If the problem persists, please contact our technical specialist, Kaila Hough, by emailing her at khough@ovcttac.org for technical assistance.
- Today's session will be recorded and made available on the OVC TTAC Expert Q&A Past Sessions tab, along with a copy of the PowerPoint.

Featured Hosts



April Naturale, Ph.D.



**Thomas Ray Thomson,
M.Ed., LPC**

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Q&A

Why isn't psychological care for the immediate aftermath and long term available to victims at no cost?

How do victim compensation programs handle these claims?

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Q&A

What's the first thing you can do to help a survivor?

What is the best way to speak with a victim if you're the first person responding to their needs on the day of an incident?

What's a good way to help people stay calm immediately following a mass casualty incident?

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Q&A

Who is ultimately responsible for ongoing follow up?

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Q&A

When is the appropriate time to do a needs assessment?

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Q&A

What are the best trauma-informed services to provide during the first few days after an incident? A month after?

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Q&A

What is the most current and effective treatment approach for debriefing trauma survivors and first responders?

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Q&A

What do you believe is most important for responders to know when supporting these victims?

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Q&A

Do you recommend followup offers of assistance to people who decline it initially?

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Q&A

What does research show about group vs. individual interventions for victims of mass violence?

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Q&A

What is the percentage of people with mental health diagnoses who perpetrate acts of mass violence?

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Q&A

What are the top three mental health issues facing survivors (e.g., reliving event, grief, survivor guilt)?

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Q&A

How do survivors cope with the fact that they survived but others did not?

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Q&A

Which approach do you think has the best results, individual or group counseling?

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Q&A

What organizations combine mental and spiritual health (i.e., faith-based organizations) to help victims of mass violence?

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Q&A

What's an approach that family members and friends can use to encourage therapy?

Should dialectical behavior therapy be used?

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Q&A

Can you talk about treatment/support for family members and survivors after the multiple suicides of family and survivors as a result of the Parkland shooting?

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Q&A

What do adults need to do to help young people cope? Are active shooter drills a good idea?

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Q&A

Can you provide a case study of ways to structure/conceptualize the framework for a response to one of the incidents of mass violence you handled?

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Q&A

How do mass violence incidents affect domestic violence?

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Q&A

Does the evidence support Mental Health First Aid for victims of mass violence and disasters?

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Q&A

Does it matter if the distress reactions are immediately after the incident or for a certain amount of time after?

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Q&A

In your opinion, which treatment model is the most effective?

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Next Month

Topic:

Domestic Violence High Risk Teams

Date:

Wednesday, October 16, 2:00 p.m. eastern time

Featured Hosts:

Kelly Dunne and Heather Davies

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Before You Leave...

Download a [certificate of attendance](#) for today's session from our Downloads pod, below the PowerPoint.

For more [resources related to this topic](#), please see the Additional Links pod, below the PowerPoint.

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Thank You!

If your question was not addressed in this session, you can email your question to our hosts:

April Naturale: April.Naturale@icf.com

Thomas Ray Thomson: trthomson@cox.net

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Please email us with your Expert Q&A topic suggestions at ExpertQA@ovcttac.org.

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