

Moderator:
Jason Adams

Featured Host:
Elena Giacci



Courageous Spirit: The Effects of Historical Trauma on AI/AN Communities

November 20, 2019

Note: This session will be recorded and posted on the Expert Q&A Past Sessions tab when available. The audio for today's session will play through your computer speakers.

Technical Overview

- If you are experiencing any technical issues with the audio for this session, please let us know in the Chat box.
- As with all technology, we may experience a momentary lapse in the webinar session. In the event of a problem, please be patient and remain on the line. If the problem persists, please contact our technical specialist, Kaila Hough, by emailing her at khough@ovcttac.org for technical assistance.
- Today's session will be recorded and made available on the OVC TTAC Expert Q&A Past Sessions tab, along with a copy of the PowerPoint.

Featured Host



Elena Giacci

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Q&A

What is historical trauma?

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Historical Trauma Definition

“Cumulative mass trauma effect from the perpetration of colonization, oppression, spiritual, physical, emotional, and mental torture across multi generations. A continued collective force on individuals, family, and community, resulting in cultural, environmental, societal, and economic damage, loss, extermination, and distress for the AI/AN population.” -E. Giacci

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Q&A

What are the effects of historical trauma?

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Effects of Historical Trauma

- A breakdown of traditional Native family values
- Depression, anxiety, and suicidality
- Child abuse and neglect and domestic violence
- Posttraumatic stress disorder
- General loss of meaning and sense of hope
- Internalized oppression

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Q&A

Should we assume that all American Indians/Alaska Natives (AI/AN) experience historical trauma?

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Q&A

When looking at historical trauma, are social determinants of health acknowledged as a factor?

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Q&A

What is the first step in stopping historical trauma?

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Q&A

How can we help others understand that historical trauma lives in the present?

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Q&A

How were children traditionally disciplined in AI/AN communities?

Is violence/battering as a form of discipline considered a colonizer habit?

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Q&A

How can child protection work with families who are impacted by historical trauma?

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Q&A

What interventions are most effective/engaging when working with parents with historical trauma whose children are in state custody?

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Q&A

What suggestions do you have for discussing potentially triggering information, such as historical trauma or adverse childhood experiences, in group trainings?

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Q&A

AI/AN women have a much higher prevalence rate of violence against them than other American women. What can we do to change the way our communities value women and prevent violence against them?

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Q&A

In what ways are non-native service providers failing to engender growth and healing for AI/AN communities?

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Q&A

How can we educate the public more effectively about historical trauma?

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Q&A

Do you believe historical trauma needs to be discussed more to educate the general population on oppression of AI/AN communities?

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Q&A

What are the best ways for non-native organizations to provide outreach to tribal communities?

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Q&A

What are the most important things that a non-native advocate can do to be culturally sensitive while working with AI/AN survivors?

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Q&A

What are the best ways for a non-native to be mindful and respectful when reaching out to tribal communities?

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Q&A

How can an advocate outside of a tribe connect well with those impacted by historical trauma?

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Q&A

How can advocates help to create a healing environment for AI/AN victims of domestic violence and sexual assault?

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Q&A

For non-native practitioners, what are some strategies to build trust and rapport in cases where the survivor has experienced historical trauma as well as complex and/or acute trauma?

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Q&A

Do you think we are going back to traditional ways of healing?

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Q&A

Can you offer some insight on the use of telehealth in the sexual assault medical forensic exam for the AI/AN population?

There does not seem to be much research out for AI/AN communities, why is that?

Are there any evidence-based programs that have been proven successful in addressing historical trauma in AI/AN communities?

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Q&A

Do you think the process of competitive grants is causing more harm than good between tribes?

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Q&A

Do you have any strategies you find effective in healing?

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Q&A

What recommendations for culturally responsive and trauma-informed practices are there in the advocacy field?

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Q&A

What do you suggest non-native programs do *not* do when providing outreach to tribal communities?

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Q&A

What is the research saying about historical trauma?

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Q&A

How can advocates promote pride in identity while also honoring the presence of generational trauma?

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Q&A

What can be done within the education setting to address historical trauma to foster trusting relationships with students and families?

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Q&A

There are no numbers on how many Native women are missing and murdered, which is still an issue in Indian country. As a case manager, what would be a respectful way to advocate or support those dealing with these types of situations?

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Q&A

What is the best way to support the Native community in healing from historical trauma?

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Resources

- National Congress of American Indians:
<http://www.ncai.org>
- Tribal Law and Policy Institute:
<https://www.home.tlpi.org>
- Alaska Native Women's Resource Center:
<https://www.aknwrc.org>
- Alaska Federation of Natives:
<https://www.nativefederation.org/about-afn>
- Dr. Andrea Smith, "Conquest: Sexual Violence and American Indian Genocide"
- Dr. Sarah Deer, "The Beginning and End of Rape: Confronting Sexual Violence in Native America"
- Maria Yellow Horse Braveheart, Ph.D.

Before You Leave...

Download a **certificate of attendance** for today's session from our Downloads pod, below the PowerPoint.

For more **resources related to this topic**, please see the Additional Links pod, below the PowerPoint.

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Thank You!

If your question was not addressed in this session, you can send your question to our host or request additional information by email or phone:

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